ABSTRACT OF THE DISCLOSURE

A grinding plate for an electric hand grinder has a plate member having an upper plate surface with an upper plate edge, a lower plate surface with a lower plate edge for placement of a grinding means and extending at least partially beyond the upper plate edge, and a side surface extending from the upper plate edge to the lower plate edge, and having a pagoda-shaped contour in a projecting region of the lower plate edge and the grinding plate is produced by a method including punching out the plate body with the upper surface, the lower surface and the side surface from an elastic material in a desired shape; placing a round bar on the upper plate surface along the upper plate edge of the plate body with a parallel distance from it; pressing the round bar into the plate body so that an elastic material of the plate body is squeezed outwardly under the round bar; separating the squeezed out material along an outer edge of the round bar with a separating cut extending perpendicular to the plate surfaces; and removing the round bar from the upper plate surface.